

January 2018 Life Enrichment Program Schedule: Assisted Living



All activities are subject to change with notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION & PROGRAM KEY (CR) Conference Room (AH) Assembly Hall (DR-1) Day Room, 1st floor (DR-2) Day Room, 2nd floor (LL) Lower Level (LIB) Library (LNG) Lounge (BA) Bridge Area Special programs in bold	1 10:00 AM Gift Shop (LL) 10:00 AM Total Fitness with Latifah (LL) 10:45 AM Brain Teasers with Latifah (DR-1) 11:30 AM Balloon Volley with Latifah (DR-2) 2:00 PM Bingo for Cash (CR) Happy New Year!	2 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	3 10:00 AM Gift Shop & Deli (LL) 10:30 AM Robert Jenner Lecture: The History of the Olympics (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	4 10:00 AM Gift Shop (LL) 10:30 AM Menu Meeting (LIB) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Happy Hour with Rearview Mirror (LNG)	5 10:00 AM Gift Shop (LL) 10:30 AM Musical Trivia with Jerry Roman (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Rogue One, A Star Wars Story (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	6 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
7 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Metropolitan Worship Service & Communion (AH) 3:30 PM Tea Social & Internet Travels with Latifah (DR-1)	8 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 11:45 AM Range of Motion with Debbie (LL) 2:30 PM Bingo for Cash (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	9 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM Town Hall Meeting (CR) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	10 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	11 10:00 AM Gift Shop (LL) 10:30 AM Roy Justice History & Music (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Happy Hour with Pianist Jerry Roman (LNG)	12 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Elizabeth at 90, A Family Tribute (LIB) 2:30 PM Catholic Mass (AH) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	13 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
14 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	15 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	16 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	17 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	18 10:00 AM Gift Shop Open (LL) 10:30 AM Coffee & Discussion with Debbie in the Deli 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:30 PM Catholic Communion (LIB) 3:30 PM Illusions by Vick (AH)	19 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Elizabeth at 90, A Family Tribute (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	20 10:30 AM Broadway Classics & More with Bertram McLeish (LNG) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
21 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:30 PM Musical Performance with Therese Ellsworth (LNG) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	22 10:00 AM Gift Shop (LL) 10:30 AM Art Workshop with Joey Manlapaz (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	23 10:00 AM Gift Shop (LL) 10:30 AM Music & Memories with Bertram McLeish (LNG) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	24 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	25 10:00 AM Gift Shop Open (LL) 10:30 AM Robert Jenner Lecture: Everyday Life in the Middle Ages (DR-1) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM The Crown (LIB) 3:30 PM Tea Social & Brain Teasers (DR-1)	26 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Celebration of Music with Jazz Artist Wayne Wilentz (LNG)	27 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
28 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	29 10:00 AM Gift Shop (LL) 10:30 AM Art Lecture with Joey Manlapaz (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Latifah (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	30 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	31 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)			Scenic Rides: Available on a rotating schedule

January 2018 Life Enrichment Program Schedule: Health Care Center

All activities are subject to change with notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION & PROGRAM KEY (CR) Conference Room (AH) Assembly Hall (DR-1) Day Room, 1st floor (DR-2) Day Room, 2nd floor (LL) Lower Level (LIB) Library (LNG) Lounge (BA) Bridge Area Special programs in bold	1 10:00 AM Gift Shop (LL) 10:00 AM Total Fitness with Latifah (LL) 10:45 AM Brain Teasers with Latifah (DR-1) 11:30 AM Balloon Volley with Latifah (DR-2) 2:00 PM Bingo for Cash (CR) Happy New Year!	2 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (New Year's Day Traditions around the World) (DR-1) 10:45 AM Watercolors & Sing Along Songs (DR-2) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures & Music with Latifah (DR-2) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	3 10:00 AM Gift Shop & Deli (LL) 10:30 AM Robert Jenner Lecture: The History of the Olympics (DR-1) 10:30 AM Range of Motion, Music & Balloon Volley with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	4 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Menu Meeting (LIB) 10:45 AM Complete the Phrase with Jalisa (DR-1) 10:45 AM Famous Faces with Latifah (DR-2) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Balloon Volley with Latifah (DR-2) 3:30 PM Happy Hour with Rearview Mirror (LNG)	5 10:00 AM Gift Shop (LL) 10:30 AM Musical Trivia with Jerry Roman (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Rogue One, A Star Wars Story (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	6 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
7 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Metropolitan Worship Service & Communion (AH) 3:30 PM Tea Social & Internet Travels with Latifah (DR-1)	8 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 10:30 AM Musical: Fiddler on the Roof (DR-1) 11:45 AM Range of Motion with Debbie (LL) 2:00 PM Resident Council (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	9 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1) 10:45 AM Armchair Travels with Jalisa (Mexico) (DR-1) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures & Music with Latifah (DR-2) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	10 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Range of Motion, Music & Balloon Volley with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	11 10:00 AM Gift Shop (LL) 10:30 AM Roy Justice History & Music (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Balloon Volley with Latifah (DR-2) 3:30 PM Happy Hour with Pianist Jerry Roman (LNG)	12 10:00 AM Gift Shop (LL) 10:30 AM Range of Motion (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 10:30 AM Pie and Coffee in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Elizabeth at 90, A Family Tribute (LIB) 2:30 PM Catholic Mass (AH) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	13 10:00 AM Total Fitness (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
14 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	15 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 10:30 AM Musical: South Pacific (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Martin Luther King Day	16 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (Dances from the 40's, 50's and 60's) (DR-1) 10:45 AM Watercolors & Sing Along Songs (DR-2) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures & Music with Latifah (DR-2) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	17 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	18 10:00 AM Gift Shop Open (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Coffee & Discussion with Debbie in the Deli 10:45 AM Complete the Phrase with Jalisa (DR-1) 10:45 AM Famous Faces with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Balloon Volley with Latifah (DR-2) 2:30 PM Catholic Communion (LIB) 3:30 PM Illusions by Vick (AH)	19 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 10:30 AM Range of Motion with Jalisa (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Elizabeth at 90, A Family Tribute (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	20 10:30 AM Broadway Classics & More with Bertram McLeish (LNG) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
21 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:30 PM Musical Performance with Therese Ellsworth (LNG) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	22 10:00 AM Gift Shop (LL) 10:30 AM Art Workshop with Joey Manlapaz (LIB) 10:30 AM Musical: Cabaret (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	23 10:00 AM Gift Shop (LL) 10:30 AM Music & Memories with Bertram McLeish (LNG) 11:45 AM Total Fitness Debbie LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures & Music with Latifah (DR-2) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	24 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Life in Pictures with Latifah (DR-2) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	25 10:00 AM Gift Shop Open (LL) 10:30 AM Robert Jenner Lecture: Everyday Life in the Middle Ages (DR-1) 10:30 AM Range of Motion, Music & Balloon Volley with Latifah (DR-2) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Life in Pictures with Latifah (DR-2) 3:00 PM The Crown (LIB) 3:30 PM Tea Social & Brain Teasers (DR-1)	26 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 10:30 AM Range of Motion with Jalisa (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Celebration of Music with Jazz Artist Wayne Wilentz (LNG) Shopping Day	27 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
28 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Latifah (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Latifah (DR-1)	29 10:00 AM Gift Shop (LL) 10:30 AM Art Lecture with Joey Manlapaz (LIB) 10:30 AM Musical: West Side Story (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Latifah (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	30 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (Australian Winters) (DR-1) 10:45 AM Watercolors & Sing Along Songs (DR-2) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures with Latifah (DR-2) 3:00 PM The Crown (LIB) 3:30 PM Ice Cream Social & Music (LNG)	31 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Life in Pictures with Latifah (DR-2) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	Scenic Rides: Available on a rotating schedule Structured Room Visits: Take place daily Time depending on resident's preference		